

Active Adult Programming

at Hidden Oaks Nature Center

Programs are tailored to meet the physical and mental needs of your participants. Customized programs are also available if you do not see a topic that interests you!



Buzzing Bees

Learn about honeybees and other pollinators and why they are so important. Taste some honey, and make a craft to take home.

Butterflies & Moths

Investigate these beautiful and mysterious insects! Learn about their life cycle and adaptations, and why they are so important. Includes a craft project

Thousands of seeds

Explore different types of seeds and learn the different methods of dispersal through hands-on investigations and activities

Feathered Friends

! Investigate feathers, bird wings, and even some skulls! Learn how to identify some common backyard birds, practice using binoculars, and make a bird feeder to take home!

Turtles

Explore the world of turtles by getting to meet some of the residents of Hidden Oaks. Learn about their habits, diet, and other fun facts. Get a chance to touch a few turtles and do some turtle art.

Animal Tracks & Signs

Learn to identify the tracks and scat of common Illinois animals through hands-on investigations and stories. Talk about other signs animals might leave behind. Make your own track to take home.

Snowflakes

Investigate the beauty of snowflakes! Learn about snowflake Bentley, the first man who successfully took photos of individual snowflakes, and make one of your own!

Tree Homes

Many animals can live in a tree! Investigate every layer of a tree from roots to canopy and meet the diversity of animals that live there!

Prairie Flowers

Learn all about the flowers that populate our native prairie, the animals that use them, and how they can benefit us as well!

Fall Leaves

Sit out on our back deck and learn how and why leaves change color in the fall. Investigate different types of leaves, and do a craft involving leaves!

Discovering Spring

Learn about the signs of spring that plants and animals give us and explore the life cycles of plants and animals.

Micro Gardening

Think you can't grow plants without outdoor space? Think again! Learn all about what plants you can grow indoors on a window sill! Set-up your own container garden complete with seeds to take home and try your luck!

Senses

Explore the five senses using nature as a guide! Play some games that challenge your sense of touch. See how your sense of smell compares to other animals. Spend some quiet time in the forest to listen to nature. Explore color with your own eyes and learn how other animals see a little differently than you!

Letterboxing

Join in the fun with this puzzle and riddle driven treasure hunt! Learn about the sport of letterboxing, make your own stamp, and follow clues to find a letterbox right here at Hidden Oaks.

Naturalist 101

Explore the writings of early naturalists like John Muir, Henry David Thoreau, and Aldo Leopold. Learn how they lived and how important they were to present day land preservation and conservation. Try your hand at your own nature writing by learning how to start a nature journal.

Nature Artists

Many artists have used nature as inspiration for some of their most beautiful works. Learn about some of these artists and their style, discuss some of their works, and try your own hand at some nature art!

Programs

- Programs are taught by professional naturalists dedicated to bringing quality instruction to every topic.
- For most programs we require one chaperone for every 12 participants. For our fishing program we require one chaperone for every 5 students.
- Chaperones are free, however they are expected to be of assistance to our Naturalists during the program. If chaperones are disruptive they will be asked to leave.

Fees:*

1 hour program	\$6 / student	\$60 minimum (10 participants)
1.5 hour program	\$7 / student	\$70 minimum (10 participants)
2 hour program	\$8 / student	\$80 minimum (10 participants)

*payment/minimum options are available depending on circumstance.

Scheduling & Information

Please contact Kate Johns, Environmental Education Coordinator, to schedule a program or for more information:

P: (630) 910-2304

E: kjohns@bolingbrookparks.org



Where the fun is!

Hidden Oaks Conservation Area | 419 Trout Farm Road | 630.739.2600
A facility of Bolingbrook Park District | bolingbrookparks.org

