DISCOVER
Recreational Programs and Opportunities for People With Disabilities

Come be part of the team!  
All-new Special Olympics offerings!

Express yourself and meet new friends  
in our new art classes!
Lily Cache Special Recreation Association is a cooperative extension of the Bolingbrook Park District and Plainfield Park District that provides year-round recreation programs for individuals with disabilities.

**LCSRA Staff**

- Jill Mukushina
  Superintendent of Special Recreation
  jmukushina@lilycachesra.org
  630.783.6583

- Sherrie Izban
  Therapeutic Recreation Supervisor
  sizban@lilycachesra.org
  630.783.6584

- Carrie Gascoigne
  Therapeutic Recreation Supervisor
  cgascoigne@lilycachesra.org
  630.783.6585

- Gina Petkus
  Therapeutic Recreation Supervisor
  gpetkus@lilycachesra.org
  630.783.6581

**LCSRA Advisory Board**

- Mike Baiardo
  Director of Recreation & Facilities
  Bolingbrook Park District

- Carlo Capalbo
  Executive Director
  Plainfield Park District

- Andy Dunfee
  Director of Facilities
  Plainfield Park District

- Ron Oestreich
  Executive Director
  Bolingbrook Park District

- Kim Smith
  Director of Marketing & Customer Care
  Bolingbrook Park District

- Wendi Calabrese
  Director of Administrative Services
  Plainfield Park District

Meet the Curran family:

Pictured (left to right):
Vicky, Jim, Michelle, Jason, Terry, Jimmy

Jimmy has been with the Bolingbrook Park District and LCSRA for 14 years. He started in aquatics as a life guard then moved into special recreation.

Vicky has worked at LCSRA since 2014. She has worked as an inclusion aide for various camps and programs.

After 18 years of coaching Jimmy and Vicky nominated him Jim to be coach of LCSRA basketball, now in his third season.

Jason and Michelle are both former employees of Bolingbrook Park District and Terry is a former President of the Panthers Sports Club, a member of the Bolingbrook Athletic Council (BAC).
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Who we are

Lily Cache Special Recreation Association (LCSRA) represents the partnership between Bolingbrook and Plainfield Park Districts in their mission to serve the special needs population. Our goal is to provide recreational programs which build self-esteem and promote a lifetime of growth. LCSRA strives to go beyond the normal range of services and programs offered by schools or other agencies. Lily Cache Special Recreation Association fosters an environment which allows individuals to discover their own unique potential and abilities.

LCSRA serves individuals with disabilities which can include but are not limited to physical disabilities, developmental disabilities, communication disorders, emotional/behavior disorders, and autism spectrum disorder.

PARTICIPANTS AND PROGRAMS

Our programs are as diverse and engaging as the participants they serve. From social events, seasonal camps and imaginative trips to competitive Special Olympic sports, LCSRA programs offer many benefits, including:

- Improved self-confidence and self-esteem
- Greater independence
- Social interaction and relationship-building
- Reinforce existing skills
- Opportunities to explore new skills/talents
- Build friendships and sense of community
- Memories for life

JOIN OUR MAILING LIST!

Be sure you’re on the list to receive our seasonal brochure full of the latest programs and events. Simply email Jill Mukushina at jmukushina@lilycachesra.org or call 630.783.6583.

Like LCSRA on Facebook for more program information, great photos and to share feedback with us.
BEHAVIOR/CODE OF CONDUCT

LCSRA will attempt reasonable accommodations to enable participants to meet behavior expectations.

• Show respect to all participants, staff, and public.
• Listen to and comply with staff direction and program rules.
• Allow others in the program and others at public facilities to enjoy the activity without disruption (within reason).
• Refrain from using foul language, discussing inappropriate topics or other offensive behavior.
• Refrain from threatening or causing bodily harm or offensive physical contact to self, other participants, staff or public.
• Show respect to equipment, supplies, and facilities.

Additional rules are developed for specific programs as deemed necessary by the staff. If inappropriate behaviors occur, a prompt resolution will be sought specific to each individual. LCSRA reserves the right to dismiss participants whose behavior endangers the safety of themselves or others.

WELLNESS GUIDELINES

In consideration of other participants and staff, and to prevent the spread of contagious illnesses, it is recommended that participants refrain from programs when any of the following conditions exist:

• Fever of 100° or higher
• Vomiting within the last 24 hours
• Persistent diarrhea in conjunction with other symptoms
• Contagious rash or a rash of unknown origin
• Persistent cough and/or cold symptoms
• Eye infections or discharge from the eye
• Symptoms of mumps, measles, chicken pox, strep throat, flu, impetigo, or Coxsackie’s virus
• Runny nose with yellow or green discharge
• Lice or mites
• Fatigue due to illness that hinders participation in a program

Please notify LCSRA if the participant contracts any contagious illness that will affect their attendance at a program.

Participants should return to programs at the doctor’s recommendation, or, if not under a doctor’s care, when the symptoms have clearly passed.

LCSRA reserve the right to dismiss participants who show signs of illness.
COMMUNITY CRUISERS
Community Cruisers is a recreation based program developed to meet the needs of young adults with disabilities that are no longer eligible for school services. The program provides opportunities for individuals to reach their full potential through recreational activities that promote positive peer interactions, community integration, and reinforcement of basic life skills. All interested participants need to complete a packet which includes an intake assessment to evaluate which of the programs is most appropriate for each individual. If you are interested in the program please contact Carrie Gascoigne at (630) 783-6585 or cgascoigne@lilycachesra.org for further information.

COMMUNITY CRUISERS ADD-A-DAY
This program is open to any adult over the age of 21 years. The focus of the add-a-day program is to continue to foster and develop peer relationships while exposing participants to a variety of community based recreational activities. There are certain eligibility requirements that must be met in order to participate in this program; participants must be independent in their daily living skills, have the ability to maintain a moderate level of physical activity, and be able to follow verbal directions from staff with minimal behaviors. There is a limit of 2 wheelchairs in the program.

Ages: 21 years & up
Day: Monday
Time: 9:00-3:00
Location: Annerino Community Center
LCSRA Resident Fee: $570
LCSRA Non-Resident Fee: $770
Dates: January 6-May 18
No Class: April 6
Transportation: Plainfield Community Center: 8:30 am / 3:30 pm
Key Contact: Carrie Gascoigne
Registration Deadline: December 13

ARTIST INSPIRATIONS
Ages 8-17 years
Calling all budding artists! Every week, famous artists will be highlighted and techniques will be taught that represent that artist’s style. Learn about 7 different artists and create 7 unique pieces of art. When your masterpieces are complete, you will host an art show that is open to the public. This class will run back-to-back with Lego Creations. Light refreshments on the day of the art show will be served.

Day: Monday
Time: 7:00-8:00 pm
Location: Prairie Activity & Recreation Center, Plainfield
LCSRA Resident Fee: $67
LCSRA Non-Resident Fee: $84
Date: January 27-March 16
Key Contact: Gina Petkus
Registration Deadline: January 13
SWIM LESSONS
Ages 3 years & up
Learn swim skills, strengthen muscles and increase coordination! Lessons are taught in small groups or 1:1 ratio and are conducted at the Pelican Harbor Indoor Aquatic Park.

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Day: Monday  
Location: Pelican Harbor Indoor Aquatic Park  
LCSRA Resident Fee: $93  
LCSRA Non-Resident Fee: $117  
No Class: January 20, March 2, March 30,  
Key Contact: Gina Petkus

LEGO CREATIONS
Ages 12-17 years
Gain communication, fine motor, and problem solving skills as you build your own Lego project! As part of a team, you will build confidence as you experiment with your project as it continues to grow each week. This class runs back-to-back with Artist Inspirations.

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Day: Monday  
Time: 6:00-7:00 pm  
Location: Prairie Activity & Recreation Center, Plainfield  
LCSRA Resident Fee: $71  
LCSRA Non-Resident Fee: $89  
Key Contact: Gina Petkus

FITNESS
Ages 17 years & up
Start the year off right with our weekly fitness program. The goal is to get on track for a healthy, happy 2020 by finding exercises that are fun and motivating. Staff will provide instruction, teach various fitness skills and show proper techniques and form to ensure safety. Wear comfortable clothes and bring a water bottle.

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Day: Monday  
Time: 5:00-5:45 pm  
Location: Prairie Activity & Recreation Center, Plainfield  
LCSRA Resident Fee: $57  
LCSRA Non-Resident Fee: $67  
Key Contact: Carrie Gascoigne
INDIVIDUAL MUSIC LESSONS
Ages 6 years & up
Want to sing like a rock star, play piano like a pro, or learn a new instrument to pass the time? Then join us for our versatile music lessons! You will learn to play the instrument of your choice - voice, piano, guitar, ukulele or percussion. Our lessons are adaptable for all ages and abilities and taught in a fun, interactive style! Ukulele lessons will include the cost of a ukulele for all first time participants.

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Day: Tuesday  
Location: Annerino Community Center  
LCSRA Resident Fee: $159  
LCSRA Non-Resident Fee: $199  
Key Contact: Gina Petkus
BEGINNING BASKETBALL
Ages 4-10 years
Learning basics like dribbling, passing, shooting and defense are the goals for this program. Special attention will be placed on sportsmanship and teamwork. Staff will also be sure to focus on cardiovascular endurance and training with participants as well. This is a great way to get active, and learn about basketball at the same time.

Day: Wednesday  
Time: 5:00-6:00 pm  
Location: Annerino Community Center  
LCSRA Resident Fee: $43   500220-A06  
LCSRA Non-Resident Fee: $53  
Date: January 15-February 19  
Key Contact: Jim Cassidy  
Registration Deadline: January 3

FUN & FITNESS FOR KIDS
Ages 4-10 years
Fitness and working out are important, but they can and should be fun. Games will include relay races, obstacles courses, tag games, parachutes, and team and individual activities as well. There will also be an emphasis on teamwork, sportsmanship, sharing and appropriate social interactions. Improve your cardiovascular endurance, flexibility and gross motor development.

Day: Wednesday  
Time: 6:00-7:00pm  
Location: Annerino Community Center  
LCSRA Resident Fee: $43   500220-B20  
LCSRA Non-Resident Fee: $53  
Date: March 11-April 29  
Key Contact: Jim Cassidy  
Registration Deadline: February 26

RHYTHM WORKS DANCE PROGRAM
Ages 6-17 years
Everyone deserves a chance to dance. This inclusive class focuses on skill development, self-empowerment, and celebrating our differences. Work on gross and fine motor skills, body awareness and control, social skills, strength, flexibility, focus, motor recall, coordination, expressive language, and much more. Based on the Hip Hop Made Easy Program (currently offered in 2000+ schools & dance studios worldwide) our RWID classes use rhythm and hip hop dance to assist in achieving goals across the 5 developmental domains. During each class, a certified dance instructor will work closely with each student to assist in learning specific objectives, skill development, and brain breaks.

Date: February 6-March 26  
Day: Thursday  
Time: 5:30-7:00 pm  
Location: Annerino Community Center  
LCSRA Resident Fee: $88   500225-A01  
LCSRA Non-Resident Fee: $110  
Key Contact: Gina Petkus  
Registration Deadline: January 23
LIL’ SENSES
Ages 3-6 years with parent
Discover and explore the world with all five senses through hands on activities. Children learn best by real life experiences. They take in the world around them through their senses and form opinion based on these experiences. Please wear comfortable loose fitting clothes that are ok to get messy.

Day: Thursday
Time: 10:00-10:45 am
Location: Annerino Community Center
LCSRA Resident Fee: $34  500235-A61
LCSRA Non-Resident Fee: $41
Date: February 20-March 19
Key Contact: Gina Petkus
Registration Deadline: February 6

SPLISHIN’ AND SPLASHIN’
Ages 3-17 years
Summer has come and gone, but you still want to enjoy the fun of the pool. Meet your friends at Pelican Harbor on Friday nights for swimming, slides and friendship. Please wear swim attire and bring a towel. This program is located in the indoor pool.

Day: Friday
Time: 5:00-7:00pm
Location: Pelican Harbor Indoor Pool
LCSRA Resident Fee: $81  500240-A20
LCSRA Non-Resident Fee: $101
Date: January 31-April 3
Key Contact: Gina Petkus
Registration Deadline: January 17

LCSRA LEISURE BOWLING LEAGUE
Ages 16 years & up
LCSRA’s leisure bowling league is designed for anyone looking to meet new friends and try their hand at a noncompetitive sport. Staff will provide basic instruction for beginner bowlers, while working with the return bowlers on different strategies to improve their game. Scores will be recorded each week. The cost includes use of the lanes, shoes, and two games of bowling.

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Day: Thursday
Time: 5:00-6:00 pm
Location: Strike and Spare, Lockport
LCSRA Resident Fee: $77
Non Resident Fee: $99
No Class: March 12
Key Contact: Sherrie Izban

BREAKFAST & BOARD GAMES
Ages 18 & up
Enjoy a light breakfast while hanging out and playing games with friends. Each week LCSRA will provide a light breakfast along with a variety of games to enjoy. If you have a favorite game, feel free to bring it to share.

Day: Friday
Time: 9:00-11:00 am
Location: Prairie Activity & Recreation Center, Plainfield
LCSRA Resident Fee: $73  500135-A07
LCSRA Non-Resident Fee: $88
Dates: March 20-May 1
Transportation:
ACC: Pick up: 8:30 am / Drop-off: 11:30 am
No Class: April 10
Key Contact: Carrie Gascoigne
Registration Deadline: March 2
**FRIDAY FRIENDS**
Ages 8-17 years
Learn social skills during real time recreational activities. You will learn the hidden rules and social nuances that occur in social situations. These skills are frequently the pieces that make obtaining and maintaining friendships challenging for some children. This class is participant driven, so activities will be tailored toward the specific group enrolled. LCSRA reserves the right to determine if this program is appropriate for an individual.

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Day: Friday  
Time: 6:00-8:30 pm  
Location: Annerino Community Center  
Key Contact: Gina Petkus  
Registration Deadline: December 28

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**MOMMY/DADDY AND ME PLAYGROUP**
Ages 3-6 years
Fall is the season for family time! This interactive playgroup will provide opportunities for parents to connect as well as participants to enjoy songs, story time, arts and crafts and gross motor activities. Social skills will be a focus of this group.

Day: Friday  
Time: 10:00-11:00 am  
Location: Annerino Community Center  
LCSRA Resident Fee: $15  
500235-B60  
LCSRA Non-resident Fee: $19  
Date: April 17-May 15  
Key Contact: Gina Petkus  
Registration Deadline: April 3

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**BOARD GAME BONANZA**
Ages 10-17 years
Nothing brings family and friends together like a good board game. Every week a new game will be introduced and some old favorites will make their appearance as well. While your children are enjoying time with their friends, parents can have a fun Friday night of your own.

Day: Friday  
Time: 6:00-8:00 pm  
Location: Annerino Community Center  
LCSRA Resident Fee: $21  
500235-A05  
LCSRA Non-Resident Fee: $26  
Date: January 3-31  
Transportation  
PREC: Pick-up 5:30pm/ Drop-off 8:30pm  
ACC: Pick up: 5:30pm/ Drop Off: 8:30pm  
Key Contact: Gina Petkus  
Registration Deadline: December 28
FRIDAY NIGHT SOCIAL CLUB
Ages 21-30 years
LCSRA will help you get through the long winter by providing social opportunities on Friday evenings. You won’t want to miss out on all that is store this season. Sign up early to reserve your spot. Note: May 15 is the spring formal dance which is included in the social club fee.

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<td>Cards &amp; Cookies</td>
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<td>Feb 21</td>
<td>Top Golf</td>
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<td>Mar 6</td>
<td>Train Trip</td>
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<td>March Madness &amp; Pizza</td>
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<td>Apr 3</td>
<td>Zumba &amp; Karaoke</td>
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<td>Cookout &amp; Campfire</td>
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<td>May 15</td>
<td>Spring Formal</td>
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Day: Friday
Times: Varies
Locations: varies
LCSRA Resident Fee: $245 500135-A01
LCSRA Non-Resident Fee: $305
Key Contact: Carrie Gascoigne
Registration Deadline: December 30

DINNER AND MOVIE
Everyone loves dinner and a movie! Don’t miss out on the opportunity to spend time with friends, try some new cuisine and then relax and enjoy a new release on the big screen. The fee includes admission to the movie, staff supervision, and transportation. Participants are responsible for the cost of their dinner, including a tip and any concessions at the theater. Dinner location and movie information will be sent out to those registered no later than 2:00 pm the Friday prior.

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<td>25 &amp; up</td>
<td>Jan 25, Feb 22, Mar 28, Apr 25, May 16</td>
<td>500135-A06</td>
</tr>
</tbody>
</table>

Day: Saturday
Time: varies
Location: various restaurants & movie theaters in the community
LCSRA Resident Fee: $139
LCSRA Non-Resident Fee: $159
Transportation: Provided from Bolingbrook & Plainfield
Key Contact: Carrie Gascoigne
Registration Deadline: December 27
SOCIAL SKILLS ROCK!
Ages 13-17 years
Looking to help your teen learn more social skills and techniques for emotional expression? This group is your new go to. Teens will foster social interactions and peer relations through rock n roll! Activities will include drumming, lyric analysis, songwriting, and so much more. This class will focus on developing social and emotional skills through fun music activities!

<table>
<thead>
<tr>
<th>Res Fee/Non-Res Fee</th>
<th>Dates</th>
<th>Code</th>
<th>Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>$46/$57</td>
<td>Jan 11-Feb 8</td>
<td>500230-A42</td>
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</tr>
<tr>
<td>$46/$57</td>
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<td>500230-A43</td>
<td>Mar 23</td>
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<td>$46/$57</td>
<td>Apr 18-May 16</td>
<td>500230-B42</td>
<td>Mar 23</td>
</tr>
</tbody>
</table>

Day: Saturday  
Times: 11:00 am-12:00 pm  
Location: Annerino Community Center  
Key Contact: Gina Petkus

SUNDAY SOCIAL CLUB
Ages 31 years & up
Join us for another season of the Sunday social club! This season we will have plenty of opportunities to socialize and enjoy time together.

<table>
<thead>
<tr>
<th>Date</th>
<th>Activity</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan 26</td>
<td>Brunch &amp; Bowling</td>
</tr>
<tr>
<td>Feb 9</td>
<td>Cards &amp; Cookies</td>
</tr>
<tr>
<td>Feb 23</td>
<td>Line Dancing</td>
</tr>
<tr>
<td>Mar 8</td>
<td>Lunch at the Library</td>
</tr>
<tr>
<td>Mar 22</td>
<td>Trip to the Casino</td>
</tr>
<tr>
<td>Apr 5</td>
<td>Fishing</td>
</tr>
<tr>
<td>Apr 19</td>
<td>Afternoon at the Arboretum</td>
</tr>
<tr>
<td>May 10</td>
<td>Train Trip</td>
</tr>
</tbody>
</table>

Day: Sunday  
Times: Varies  
Locations: varies  
LCSRA Resident Fee: $245  
LCSRA Non-Resident Fee: $305  
Key Contact: Carrie Gascoigne  
Registration Deadline: January 13
LEGOLAND
Ages 12-17 years
Join your friends, get out of the cold and spend the day exploring one of kind LEGO creations. You will see LEGOS displayed in ways you have never seen before. Exhibits include life size models, 4D movies, rides and so much more. Bring out the inner engineer in you today!

Day: Saturday
Time: 10:30 am-2:00 pm
Location: Legoland, Schaumburg
LCSRA Fee: $ 64
Date: January 18
Key Contact: Gina Petkus
Registration Deadline: January 4

GLOW WITH THE FLOW
Ages 16 years & up
Tonight we will glow in the dark and dance the night after enjoying a pizza dinner and receive our party favor.

Day: Friday
Time: 6:30-9:00 pm
Location: LWSRA Building, New Lenox
Fee: $29
Date: January 31
Transportation:
PREC: 5:15 pm /9:45 pm
ACC: 5:45 pm /10:15 pm
Key Contact: Sherrie Izban
Deadline: January 10
HAVE A HEART
Ages 12-17 years
February is Happy Heart month! LCSRA will be spreading cardio awareness and educating our little ones on some fun activities to protect their hearts. Come dressed in your favorite red attire to participate in various activities. We will be engaging in arts and crafts, gross motor activities, fine motor activities and socializing with our friends.

Day: Tuesday
Time: 5:30 am-6:30 pm
Location: Plainfield Activity & Recreation Center
LCSRA Fee: $19 500205-A02
Date: February 4
Key Contact: Gina Petkus
Registration Deadline: January 21

VALENTINE DANCE
Ages 16 years & up
Share the love at the annual Valentine dance. The evening will include a DJ, dinner and prizes.

Day: Friday
Time: 6:30-9:00 pm
Location: Joliet Park District Multi-Purpose Room
Fee: $29 500100-A02
Date: February 14
Transportation:
ACC: 5:30 pm /10:00 pm
PRE: 6:00 pm /9:30 pm
Key Contact: Sherrie Izban
Deadline: January 21

SNOW DAY
Ages 17 years & up
We are going to enjoy a good old fashioned snow day hanging out and staying warm. There will be themed crafts, hot chocolate and a yummy treat. If the weather cooperates we will even go out and play in the snow. Dress for the weather and bring clothes for outside.

Day: Sunday
Time: 11:00 am -1:00 pm
Location: PARC, Plainfield
LCSRA Fee: $27 500105-A15
Date: February 16
Transportation:
ACC: 10:30 am / 1:30 pm
Key Contact: Carrie Gascoigne
Registration Deadline: January 20

MARDI GRAS MAMBO
Ages 16 years & up
Mambo the night away with friends! Enjoy music from a DJ, dancing and snacks at the dance.

Day: Friday
Time: 7:00-9:00 pm
Location: Oak Lawn Park District Pavilion
Fee: $25 500100-A03
Date: February 21
Transportation:
PRE: 5:30 pm /9:45 pm
ACC: 6:00 pm /10:15 pm
Key Contact: Sherrie Izban
Deadline: February 7
CHITTY CHITTY BANG BANG
Ages 18 years & up
The cast with Chicago Youth Theater will capture our attention as they reenact the 1968 musical adventure of the magical car – Chitty Chitty Bang Bang. We will travel along with the characters as they go on an adventure in their flying, floating, magical automobile.

Day: Sunday
Time: 2:00 pm
Location: Batavia Fine Arts Center, Batavia
LCSRA Fee: $34 500105-B16
Date: March 1
Transportation
ACC: Pick up: 12:15 pm / 4:45 pm
PREC: Pick up: 12:45 pm / 4:15 pm
Key Contact: Carrie Gascoigne
Deadline: February 7

SHAMROCK SHUFFLE
Ages 16 years & up
Shuffle the night away to a DJ after enjoying dinner and prizes.

Day: Friday
Time: 6:30-9:00 pm
Location: Orland Park Civic Center
Fee: $48 500100-A04
Date: March 6
Transportation:
ACC: 5:15 pm /10:15 pm
PREC: 5:45 pm /9:45 pm
Key Contact: Sherrie Izban
Deadline: February 14

DR. SEUSS’ BIRTHDAY PARTY
Ages 6 years & under with parent
“One Foot, Two Foot, Red Foot, Blue Foot” to “Oh the Places, You’ll Go!” Dr. Seuss has a story that has touched our hearts and fostered a love of reading in the young. Let’s get together and celebrate the birthday of one of childhood’s famous icons. Our party will include arts and crafts, story time, songs, games, and of course CAKE!

Day: Monday
Time: 10:00am-Noon
Location: Annerino Community Center
LCSRA Fee: $13 500205-A11
Date: March 2
Key Contact: Gina Petkus
Registration Deadline: February 17

CELEBRITY LOOK-A-LIKES DANCE
Ages 16 years & up
It’s time to be a STAR! Come dressed as your favorite celebrity. Prizes will be awarded. Delicious snacks and drinks will be served.

Day: Friday
Time: 6:00-8:30 pm
Location: Joliet West Township High School
Fee: $11 500100-B05
Date: March 20
Transportation:
ACC: 5:00 pm /9:30 pm
PREC: 5:30 pm /9:00 pm
Key Contact: Sherrie Izban
Deadline: March 6
**MEXICAN FIESTA DINNER DANCE**
Ages 13 years & up
Hola amigos! This evening fiesta with friends will include a Mexican dinner, your favorite DJ and a surprise giveaway.

Day: Friday  
Time: 6:30 pm-9:00 pm  
Location: LWSRA Building, New Lenox  
Fee: $43  
Date: April 3  
Transportation:  
ACC: 5:15 pm / 10:15 pm  
PRE: 5:45 pm / 9:45 pm  
Key Contact: Sherrie Izban  
Deadline: March 13

**EGG HUNT**
Ages 12-17 years
Hunt for candy-filled eggs around the Annerino Community Center. Weather permitting; some eggs may be hid outside. Some eggs will contain a special ticket for a bonus prize. Special bags will be provided to each participant. Additional spring themed activities will also be available.

Day: Thursday  
Time: 5:30-7:30pm  
Location: Annerino Community Center  
LCSRA Fee: $19  
Date: April 9  
Key Contact: Gina Petkus  
Registration Deadline: March 26

**BRUNCH & BOCCE**
Ages 18 years & up
Come out and enjoy all the offerings that Pinstripes has for their Sunday brunch. They have an expansive bottomless buffet that has something for everyone. No one will leave hungry! After lunch we will try our hand at bocce on the indoor courts.

Day: Sunday  
Time: 10:00 am-1:00 pm  
Location: Pinstripes, Oakbrook  
LCSRA Fee: $57  
Date: April 26  
Transportation:  
ACC: Pick up: 8:45 am / 2:15 pm  
PRE: Pick up: 9:15 am / 1:45 pm  
Key Contact: Carrie Gascoigne  
Registration Deadline: April 15
**STAR WARS DAY**
Ages 12-17 years
May the 4th be with you! George Lucas created the first Star Wars movies in the 70s and they are still popular today. Come dressed in your favorite Star Wars attire for a day of arts and crafts, games and theme related treats.

**Day:** Monday  
**Time:** 7:00-8:00pm  
**Location:** Annerino Community Center  
**LCSRA Fee:** $15  
**Date:** May 4  
**Key Contact:** Gina Petkus  
**Registration Deadline:** April 20

**SPRING FORMAL DINNER DANCE**
Ages 16 years & up  
Dinner, flowers and a picture are included in this spring-fling you are sure to enjoy with your friends! This dance is included in the social club schedule.

**Day:** Friday  
**Time:** 6:30-9:00 pm  
**Location:** Apollo Recreation Center, Alsip  
**Fee:** $54  
**Date:** May 15  
**Transportation:**  
**PREC:** 5:00 pm /9:45 pm  
**ACC:** 5:30 pm/10:15 pm  
**Key Contact:** Sherrie Izban  
**Deadline:** April 17
SPRING BREAK CAMP

Spring break has finally arrived! LCSRA has several fun filled days that will keep you hoppin’ this week. It will be such an awesome time to hang out with friends and do the activities you love. Sign up for just one day or every day! A detailed schedule of the activities will be sent the week prior to the first event.

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Code</th>
<th>Deadline</th>
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<tbody>
<tr>
<td>M</td>
<td>Mar 30</td>
<td>500330-001</td>
<td>Mar 16</td>
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<tr>
<td>TU</td>
<td>Mar 31</td>
<td>500330-002</td>
<td>Mar 16</td>
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<tr>
<td>W</td>
<td>Apr 1</td>
<td>500330-003</td>
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<tr>
<td>TH</td>
<td>Apr 2</td>
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<tr>
<td>F</td>
<td>Apr 3</td>
<td>500330-005</td>
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</tr>
<tr>
<td>F</td>
<td>Apr 10</td>
<td>500330-006</td>
<td>Mar 16</td>
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</tbody>
</table>

**Time:** 10:00 am-3:00 pm  
**Location:** Varies  
**LCSRA Resident Fee:** $59  
**LCSRA Non-Resident Fee:** $73  
**Transportation**  
**ACC:** Pick-up 10:00pm/ Drop-off 3:00pm  
**PREC:** Pick-up 9:30pm/ Drop-off 3:30pm  
**Key Contact:** Gina Petkus
SO EQUESTRIAN
Ages 8 years & up
The Equestrian Program offers Special Olympics athletes the experience of horseback riding as sport. Athletes must have already participated in therapeutic riding with a certified instructor. Equestrian is a challenging program, requiring athletes to both keep their focus and balance and to communicate well with their horse. Athletes will be train either the Western track or the English track in preparation for the STATE competition in October to display their abilities. Instructed by Kris Mondrella each rider will work towards his/her individual goals. Doctor’s consent is required in order to participate in this program. The required paperwork will be given to you upon registration.

<table>
<thead>
<tr>
<th>Date</th>
<th>Time</th>
<th>Code</th>
<th>Deadline</th>
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<tbody>
<tr>
<td>Feb 10-Mar 16</td>
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<td>Jan 27</td>
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<tr>
<td>Feb 10-Mar 16</td>
<td>5:45-6:15 pm</td>
<td>500506-A02</td>
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</tr>
<tr>
<td>Mar 30-May 4</td>
<td>5:00-5:45 pm</td>
<td>500506-B01</td>
<td>Mar 16</td>
</tr>
<tr>
<td>Mar 30-May 4</td>
<td>5:45-6:15 pm</td>
<td>500506-B02</td>
<td>Mar 16</td>
</tr>
</tbody>
</table>

Day: Monday
Location: Ellis House & Equestrian Center in Minooka
LCSRA Resident Fee: $350
LCSRA Non-Resident Fee: $400
Key Contact: Sherrie Izban

SPORTS CONDITIONING CLASS
Ages 8 years & up
This strength conditioning program is recommended for all participants who currently enrolled in any LCSRA current sports, such as swimming, gymnastics, basketball, tennis, soccer or have played as an LCSRA Lion or plan to register to be a member of one of our softball teams this year. The purpose of this training program is to decrease the occurrence of injury while increasing overall performance. Our personal trainer, Gail Hickman, will help us become faster and stronger! Bring a water bottle and wear gym shoes. Athletic apparel is required…..No jeans please.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Time</th>
<th>Code</th>
<th>Deadline</th>
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<tbody>
<tr>
<td>Jan 13-Mar 2</td>
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<td>500526-A01</td>
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<tr>
<td>Mar 30-May 18</td>
<td>6:00-7:00 pm</td>
<td>500526-B01</td>
<td>Mar 16</td>
</tr>
</tbody>
</table>

Day: Monday
Location: LCSRA Community Room, Annerino Center
LCSRA Resident Fee: $33
LCSRA Non-Resident Fee: $41
Key Contact: Sherrie Izban
SWIM TEAM
Ages 8 years & up
Dive into the deep blue with the LCSRA Swim Team. Swim team is designated for swimmers who want to compete. Practices focus on swim endurance and stroke mechanics. The team competes in the Special Olympics qualifiers (Time Trail is February and Regional is in March…. both at Stagg HS).

Day: Sunday & Monday
Time: 9:00-10:00 am (Sunday), 7:00-8:00 pm (Monday)
Location: Bolingbrook Recreation & Aquatic Complex
LCSRA Resident Fee: $149  500528-A01
LCSRA Non-Resident Fee: $185
Date: January 12-March 18
No Class: January 19-20, February 9 & 17, March 2, 8, 29, 30, April 12 &13
Key Contact: Sherrie Izban
Deadline: December 30

All participants of this program must attend team tryouts on Sunday, January 5 from 8:45 - 10:00 am. You will be assigned to your practice day/time as a result of the tryouts.

SWIM TEAM QUALIFIER MEETS
Time Trial Meet on February 8
Regional Meet on March 7
TRACK & FIELD
Ages 8 years & up
Join fellow athletes in training for the Area track meet, held at Thornwood High School in South Holland in May. Events include, but are not limited to, the 100-meter run, softball throw, standing long jump, shot put and the 400-meter relay. Athletes earning a gold medal at the Area meet qualify for the Special Olympics Summer Games, held at Illinois State University, June 12, 13 and 14. Be sure to wear a good pair of running shoes and no jeans may be worn.

Day: Monday
Time: 6:00-7:30 pm
Location: Brooks Middle School Outdoor Track & ACC (Depending on weather)
LCSRA Resident Fee: $117  500528-A01
LCSRA Non-Resident Fee: $147
Date: February 17-April 27
Transportation: PREC: Drop off 5:30 pm/ Pick up 8:00 pm
Key Contact: Sherrie Izban
Deadline: February 3

TRACK & FIELD MEET
SO AREA SPRING GAMES on May 2
SOFTBALL TEAM
Ages 13 years and up
Grab your mitt and swing into spring as a member of the LCSRA Lions Softball Team! Over the course of the season, athletes work to improve their skills through practices and games against area special recreation associations. The team will compete in the ITRS tournament in July and the Area tournament in August at Inwood Park in Joliet. A detailed game schedule and uniforms are available the second week of practice. Times will vary, please refer to your detailed schedule.

Day: Tuesday
Time: 6:30-8:00 pm
Location: Wildcat Field
LCSRA Resident Fee: $193  500524-B01
LCSRA Non-Resident Fee: $243
Date: April 14-July 28
Transportation:
PREC: 6:00 pm /8:30 pm (varies for away games)
Key Contact: Sherrie Izban
Deadline: March 31

SOFTBALL TOURNAMENTS
SO Tournament on August 2
ITRS Tournament on July 19

LCSRA TENNIS TEAM
Ages 8 years & up
Serve it. Smash it. Love it. Those are just some tennis terms you will use when you join our Special Olympics sports team -- LCSRA Lions Tennis. You will perfect your individual skills and hopefully learn a few new ones in preparation for competition at the Special Olympics Regional Tournament in July. All participants must have their own tennis racket. Please dress for the weather as this program will be conducted outdoors.

Day: Wednesday
Time: 4:30-5:30 pm
Location: Annerino Center
LCSRA Resident Fee: $43  500530-B01
LCSRA Non-Resident Fee: $53
Date: May 13-August 12
Key Contact: Sherrie Izban
Deadline: April 29

TENNIS COMPETITION
SO Unified Qualifier June 28 (tentative)
SO Regional Qualifier July 23 (tentative)
STATE Tournament on August 15-16
SOCCER TEAM
Ages 13 years & up
We will be joining our friends from SEASPAR again. Coaches focus on skills such as dribbling, passing and shooting. Teamwork and good sportsmanship are emphasized. Games are planned with other SRAs. Some games may be on different nights and times. We will also participate in the SO Tournament and the ITRS tournament in May. If our team earns a gold medal at the SO tournament we will advance to the Special Olympics Summer Games at Illinois State University, Friday, June 12 – Sunday, June 14. Bring a water bottle to practice. Athletes should wear athletic clothing and gym shoes.

Day: Wednesday
Time: 5:30 -6:30pm
Location: Lily Cache Soccer Field & BRAC (for inclement weather)
LCSRA Resident Fee: $229  500522-A01
LCSRA Non-Resident Fee: $279
Date: February 26-May 13
Key Contact: Sherrie Izban
Deadline: February 12

SOCCER TOURNAMENTS
SO Tournament on April 26
ITRS Tournament on May 17

LCSRA GOLF CLUB
LCSRA has “hooked” up with Mistwood Golf Corse to provide our golfers with spring instruction. Staff will assist golfers with etiquette and rules of the sport, while moving you closer to the pin practicing at the driving range and then advancing to course play. PLEASE NOTE: Golfers wishing to compete in Special Olympics Competition must have a valid medical application on file by May 29.

<table>
<thead>
<tr>
<th>Time</th>
<th>Age</th>
<th>Code</th>
<th>Deadline</th>
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<tbody>
<tr>
<td>5:00-6:00 pm</td>
<td>10 years &amp; up</td>
<td>550512-B01</td>
<td>Apr 17</td>
</tr>
<tr>
<td>5:00-6:00 pm</td>
<td>Unified Partner</td>
<td>550513-B01</td>
<td>Apr 17</td>
</tr>
<tr>
<td>6:15-7:15 pm</td>
<td>10 years &amp; up</td>
<td>550512-B02</td>
<td>Apr 17</td>
</tr>
<tr>
<td>6:15-7:15 pm</td>
<td>Unified Partner</td>
<td>550513-B02</td>
<td>Apr 17</td>
</tr>
</tbody>
</table>

Day: Wednesday
Date: May 13-September 9
Location: Mistwood Golf Club in Romeoville
LCSRA Resident Fee: $162
LCSRA Non-Resident Fee: $203
Key Contact: Sherrie Izban

GOLF TOURNAMENTS
9 Hole & Unified on July 8
Individual Skills on July 13
3 & 6 Hole on August 3
POWERLIFTING
Ages 16 years & up
We will pump (clap!) you up. Through participation in this program, you will gain strength, build muscles and increase your overall endurance. Besides focusing on overall weight training, we will concentrate on the bench press and dead lift for the Special Olympics qualifying meet in March. Please Note: LCSRA reserves the right to determine if this program is appropriate for an individual. This program meets twice a week!

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<th>Day</th>
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<td>SA</td>
<td>10:00-11:15 am</td>
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</table>

Location: CrossFit in Plainfield
LCSRA Resident Fee: $408  500516-B01
LCSRA Non-Resident Fee: $510
Date: February 13 – June 11
No Class: March 28 and April 11
Key Contact: Sherrie Izban
Deadline: January 30

POWERLIFTING COMPETITION
SO Regional Qualifier on March 29
SPECIAL OLYMPICS BOWLING LEAGUE
Ages 8 years & up
Calling all Special Olympic athletes! This is the opportunity for you to get involved in bowling on the competitive level. Coaches will give instruction on how to improve your game and prepare you for the competition in 2020. Bumpers will not be used for this program. The fee includes shoe rental, an hour on the lane.

Day: Thursday  
Time: 5:00-6:00 pm  
Location: Strike and Spare, Lockport  
LCSRA Resident Fee: $324  
LCSRA Non-Resident Fee: $405  
Date: April 2-December 3  
No Class: November 26  
Key Contact: Sherrie Izban  
Deadline: March 19

BOWLING TOURNAMENTS
SO Regional on August 8  
SO Sectional on October 18  
State Bowling on December 5

KARATE (DOES NOT COMPETE IN SPECIAL OLYMPICS)
Ages 7 years & up
Come join us for our physical and mental self-defense promoting, confidence building, focus improving martial arts class! Full Life Martial Arts teaches students of all ability levels the life giving principles of martial arts during this program. You can even participate in a rank promotion ceremony at the end, when you earn your first belt on your journey to black belt (additional fee required and will be collected during the program)!

Day: Wednesday  
Time: 5:00-6:00pm  
Location: Annerino Community Center  
LCSRA Resident Fee: $ 117  
LCSRA Non-Resident Fee: $147  
Date: February 5-March 25  
Key Contact: Gina Petkus  
Registration Deadline: January 13
WEEKLY PROGRAMS FOR PARTICIPANTS WITH AUTISM

MUSICAL MELODIES
Ages 6 years & up
This program is specifically designed for youth on the autism spectrum. Individuals of all ages and all abilities can benefit from listening and playing music. Many studies have found that children with autism spectrum disorders (ASD) particularly respond well to music. This class will provide a variety of musical selections to listen to, play along with and move our bodies to.

<table>
<thead>
<tr>
<th>Ages</th>
<th>Codes</th>
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<tbody>
<tr>
<td>6-17</td>
<td>500250-A01</td>
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<tr>
<td>18 &amp; up</td>
<td>500150-A01</td>
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</table>

Day: Saturday  
Time: 10:00-11:00am  
Location: Annerino Community Center  
LCSRA Resident Fee: $44  
LCSRA Non-Resident Fee: $54  
Date: March 28 - May 9  
No Class: April 11  
Key Contact: Jim Cassidy  
Registration Deadline: March 7

SENSORY ART
Ages 6 years & up
This program is specifically designed for youth on the autism spectrum. Each week, participants will create their own masterpieces using different textures to stimulate their senses. Some of the projects will use food to encourage participants to incorporate their sense of taste. Visual schedules will be provided if needed. Please wear older clothes that can get messy.

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>6-17</td>
<td>500250-B02</td>
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<tr>
<td>18 &amp; up</td>
<td>500150-B02</td>
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</tbody>
</table>

Day: Saturday  
Time: 10:00am-11:00am  
Location: Annerino Community Center  
LCSRA Resident Fee: $44  
LCSRA Non-Resident Fee: $54  
Date: February 8 - March 14  
Key Contact: Jim Cassidy  
Registration Deadline: January 25
LUNCH BUNCH
Ages 6 years & up
This program is specifically designed for youth on the autism spectrum. Come and bring your lunch, eat with friends and enjoy an afternoon of conversation. The focus of this group will be conversational skills, social skills and playing games. Please bring a sack lunch each class.

<table>
<thead>
<tr>
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<td>Feb 8-Mar 14</td>
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<td>Feb 8-Mar 14</td>
<td>18 &amp; up</td>
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<td>Jan 25</td>
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<tr>
<td>Mar 28-May 9</td>
<td>6-17</td>
<td>500255-B01</td>
<td>Mar 7</td>
</tr>
<tr>
<td>Mar 28-May 9</td>
<td>18 &amp; up</td>
<td>500155-B01</td>
<td>Mar 7</td>
</tr>
</tbody>
</table>

Day: Saturday  
Time: 11:00 am-Noon  
Location: Annerino Community Center  
LCSRA Resident Fee: $19  
LCSRA Non-Resident Fee: $29  
No Class: April 11  
Key Contact: Jim Cassidy

HANG TIME
Ages 6 years & up
This program is specifically designed as a social club for youth and teens that are on the autism spectrum. It is very important to enjoy a variety of recreational opportunities with our friends no matter what challenges we may have. This class is designed to teach the social skills that are needed for youth with autism to participate in social events. Each session will consist of in house skill building and one community outing. All of the social skills that are taught will scaffold up to our outing. Field trip times will vary depending on availability. You will receive a schedule on the first day of the session.

<table>
<thead>
<tr>
<th>Dates</th>
<th>Ages</th>
<th>Code</th>
<th>Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>Feb 8-Mar 14</td>
<td>6-17</td>
<td>500260-A01</td>
<td>Jan 25</td>
</tr>
<tr>
<td>Feb 8-Mar 14</td>
<td>18 &amp; up</td>
<td>500160-A01</td>
<td>Jan 25</td>
</tr>
<tr>
<td>Mar 28-May 9</td>
<td>6-17</td>
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<td>18 &amp; up</td>
<td>500160-B01</td>
<td>Mar 7</td>
</tr>
</tbody>
</table>

Day: Saturday  
Time: Noon-1:00 pm  
Location: Annerino Community Center  
LCSRA Resident Fee: $76  
LCSRA Non-Resident Fee: $86  
No Class: April 11  
Key Contact: Jim Cassidy
SPECIAL EVENTS FOR PARTICIPANTS WITH AUTISM

CHORDS FOR KIDS
Ages 3 and up
Tonight we will be heading over to North Central College for a musical performance specifically designed for people with Autism. Participants are free to express themselves to the music. Songs range from instrumental pieces to popular tunes such as: “YMCA” and “Spider Pig” and songs from “SpongeBob SquarePants”. After the concert we will get a yummy treat and socialize with our friends.

Ages  Codes
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3-17  500265-B01
18 & up  500165-B01

Day: Saturday
Time: 7:00-9:00pm
Location: North Central College, Naperville
LCSRA Fee: $18
Date: March 28
Transportation
ACC: Pick-up 5:30 pm/ Drop-off 10:00 pm
PREC: Pick-up 6:00 pm/ Drop-off 9:30 pm
Key Contact: Gina Petkus
Registration Deadline: March 14

WEEKLY PROGRAMS FOR PARTICIPANTS WITH A MENTAL HEALTH DIAGNOSIS

S.A.F.E.
(Self Esteem Building, Acquaintances to Friends, Fun for Everyone)
Ages 13-17 years
Mental Health Diagnosis is on the rise and leisure activities get lost when we are struggling. These diagnosis’s can be a major factor in relationships, schooling, self-esteem and more. This class will provide a safe place to have fun and build connections with others. Focus will be on self-esteem, realizing that you are not alone, making connections and building friendships through recreation activities.

Day: Thursday
Time: 6:00-7:00 pm
Location: Plainfield Activity & Recreation Center
LCSRA Resident Fee: $64  500280-B01
LCSRA Non-Resident Fee: $79
Date: April 23-May 14
Key Contact: Gina Petkus
Registration Deadline: April 9
The following registration procedures have been developed to provide equal registration preference to all resident ID card holders.

1. Phone registration will not be accepted unless otherwise noted.
2. Registration for programs will end 48 hours prior to the starting date unless otherwise noted.
3. There will be a $35 service charge for returned checks.

NOTE: Fees are subject to change

REGISTRATION PROCEDURES
1. Download forms at www.lilycachesra.org or visit a Bolingbrook Park District facility to pick them up in person.
2. Complete the registration form. Include the code numbers indicated.
3. Make checks payable to LCSRA. Program fees may be combined for each family.
4. Sign the form. All adult participants must sign. Parent or guardian signature required for participants under 18 years of age.
5. You must complete an Annual Information Form and LCSRA Code of Conduct Form yearly. In addition, if you are participating in a Special Olympics sport you must have a valid medical ap. on file.
6. Drop-off or mail your registration to any of the following locations:
   - Annerino Community Center: 201 Recreation Dr., Bolingbrook, IL 60440
   - Bolingbrook Recreation & Aquatic Complex: 200 S. Lindsey Ln., Bolingbrook, IL 60440

LCSRA is not responsible for lost or misdirected mail.

List of forms that available online and in a facility:
- Program Registration Form
- LCSRA Code of Conduct Form
- Medication Dispensing Procedures
- Permission to Dispense Medication
- Medication Dispensing Information
- Annual Information Form
- Special Olympics Application

If you’re having troubles getting your forms online, feel free to give us a call at (630) 739-1124 and we’d be happy to assist you.

Program calendars are available for download!

IN ORDER TO PROTECT YOUR PRIVACY, FAX ORDERS PAID BY CREDIT CARD WILL NO LONGER BE ACCEPTED. CREDIT CARDS WILL STILL BE ACCEPTED IN PERSON OR ONLINE..
**REFUND POLICY**

A full refund will be provided up to two (2) days before the registration deadline or in the event of no registration deadline, two (2) days before the start of an activity, event, or program. After that point, the refund will be pro-rated. To receive a Request Form, please visit or call one of the following locations:

Annerino Community Center, 201 Recreation Dr. at (630) 739-0272 or Bolingbrook Recreation & Aquatic Complex, 200 S. Lindsey Ln. at (630) 739-1700, or visit us online at bolingbrookparks.org. Your receipt, cancelled check or proof of ID may be required. Once approved, refund checks will be mailed within fifteen (15) business days. The completed Refund Request Form must be returned to one of our customer service desks two (2) days before activity, event, or program start date or registration deadline.

**SATISFACTION GUARANTEE**

At LCSRA, we strive to provide you with quality recreation activities, events and programs. We are confident that you will like these programs. So confident that we will ensure our promise to provide that high quality. The LCSRA guarantees that you will be satisfied with recreation classes, programs and services in which you participate. If after completing two classes you are not completely satisfied, tell us and we will arrange for you to do one of the following:

1. Repeat the class at no charge
2. Receive full credit that can be applied to any other class, program or service
3. Receive a full refund

If you are not satisfied we kindly request input on how we can improve. To receive a Request Form, please visit or call one of the following locations:

- Annerino Community Center, 201 Recreation Dr. at (630) 739-0272
- Bolingbrook Recreation & Aquatic Complex, 200 S. Lindsey Ln. at (630) 739-1700
- Or visit us online at bolingbrookparks.org.

Your receipt, cancelled check or proof of ID may be required. Once approved, refund checks will be mailed within fifteen (15) business days. The completed Satisfaction Guarantee Request Form must be completed and returned to one of our customer service desks before the third class meeting.

Satisfaction Guarantee does not apply to golf course green fees, pro shop merchandise, adult sport leagues, food or meals, beverages, facility memberships, daily admissions or tickets to entertainment or sporting events, as well as a few select programs.

Online Registration Resident ID card holders automatically receive their login and password to register online. If you are a Resident ID card holder and have not received your login information, please call our Application Support Specialist at (630) 783-6517. Nonresidents may register online by becoming Parkie’s E-club members. Parkie’s E-Club forms are available at all facilities or downloadable on the registration page at bolingbrookparks.org. Nonresidents simply have to fill the form out and drop it off at a Park District facility. Your login information will be emailed to you.
LOOK FOR YOUR SUMMER PROGRAM GUIDE THE WEEK OF APRIL 20